



## Personal Development at Rise Carr College & Eldon House PSHE and Careers Newsletter

*Autumn Term 2023*

PSHE | RSHE | CAREERS | FINANCE

### Introduction

Welcome to the termly PSHE and Careers Newsletter. This goes out to all staff, parents/carers, the governing body and other stakeholders. Personal Development is a fundamental part of preparing students for their future. The programme at Rise Carr College and Eldon House is fully inclusive of all students, and is constantly monitored and evaluated to ensure it meets the needs of everyone. We hope that you will find this useful and informative. If you have any feedback on what you have read or have items you wish us to include in future editions, please let us know.



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#### Inside this issue:

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- ❖ Parents & Carers: Talking Futures
- ❖ Employability Skills
- ❖ Highlights from last term...
- ❖ College/Training Open Events

“We fundamentally believe in the **DEVELOPMENT** of the **WHOLE PERSON** and their individual needs to be **THE BEST THEY CAN BE**”

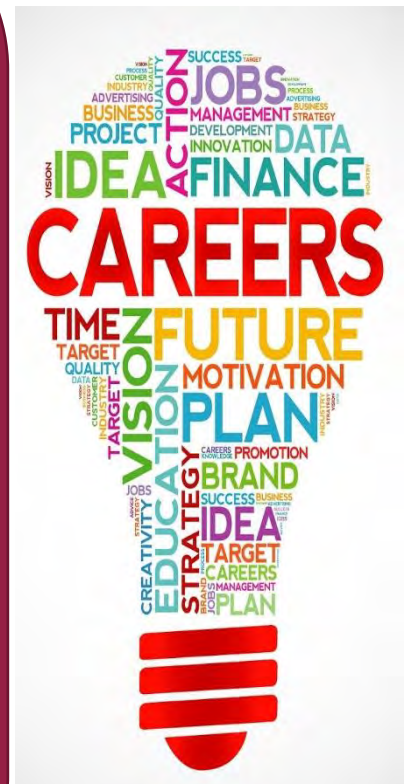
The aim of the PSHE curriculum is to produce students who are equipped with life skills, which will allow them to be fully participating members of a fast changing British and global society. Using a bespoke programme that has been developed with KS3 and KS4 Leads for RCC which incorporates the Cre8tive PSHE curriculum, our students will develop a sense of self-worth and confidence to be the best version of themselves. They will mature into individuals who can think independently and critically, and have the knowledge to make informed choices around their physical, mental, sexual, emotional and economic wellbeing.

## Relationships, Sex and Health Education (RSHE)

This is covered in Autumn 2 and we have attached some parent/carer information to your keyworker reports. Any Questions, please contact Lisa KS3 or Kirsty KS4.

We believe RSHE is an important aspect of the PSHE programme which makes a significant contribution to the development of personal skills needed by students to establish and maintain positive, healthy relationships. RSHE enables young people to make responsible and well-informed decisions about their health and wellbeing. It supports students in forming positive beliefs and attitudes about sex and sexuality, relationships and feelings.

RSHE is taught in a spiral curriculum, meaning that topics are repeated as they progress up the year groups adding further detail to the subject for an age appropriate understanding. Resources for teaching are taken from the PSHE Association and our bespoke curriculum which we have developed with Cre8tive Resources.



Please visit our website [RCC Main Site \(risecarrcollege.org.uk\)](http://risecarrcollege.org.uk) to look at:

- *PSHE and RSHE Policies*
- *PSHE Curriculum Road maps so that you can see what students are learning in each year group*
- *PSHE Parent/Carer Curriculum Intent*
- *RSHE Parent/Carer Curriculum Information*
- *Careers Curriculum Road maps so that you can see what students are learning in each year group*
- *Finance Curriculum Road maps so that you can see what students are learning in each year group*

# Parents and Carers – Talking Futures...



It has long been acknowledged that the most **influential people in a young person's life are their parents or carers**, and that many of the ideas related to their careers and future are formulated in their early school years and through conversations with family members. Talking Futures is a recently released suite of resources, designed to help schools support parents to have informed and constructive careers and education conversations with their children.

The website is full of useful information and guidance on the various pathways available. There are loads of helpful conversation starting points to help parents approach the subject with their children, which can be the trickiest part. The earlier these conversations take place, the more informed and prepared students are when they reach Year 11. Visit the site at <https://www.talkingfutures.org.uk> and make it your go-to website for recent information!



All students have access to a Careers Programme, and in Year 10 and 11 this includes appointments with an Independent Careers Advisor.

Work Experience is encouraged and this is undertaken on an individual basis dependent on what is beneficial for each student.

Career Road Maps which show what students are covering within their curriculum can be found on our website.

Website: [RCC Main Site \(risecarrcollege.org.uk\)](https://www.risecarrcollege.org.uk)

Contact: 01325 348600

Email: [k.dunn@risecarrcollege.org.uk](mailto:k.dunn@risecarrcollege.org.uk)

# Some highlights from last term...

## *Taster days at Darlington College...*



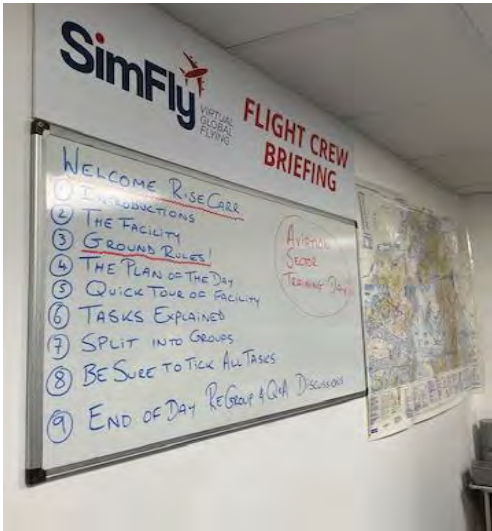
## *Anything is Possible Tees Valley Careers Event...*



# Some highlights from last term...



*SimFly Work Place Experience...*



# OPEN EVENTS 2023/24

etc.

  
STOCKTON  
RIVERSIDE  
COLLEGE

- **Tuesday 3<sup>rd</sup> October 2023**
- **Thursday 16<sup>th</sup> November 2023**
- **Wednesday 7<sup>th</sup> February 2024**  
*Apprenticeship event*
- **Thursday 9<sup>th</sup> May 2024**  
*Big Open Event\**

*All events are from  
5:00pm - 7:00pm*

*\*The 'Big Open Event' is for apprenticeships, vocational courses, T Levels, higher education and part-time.*

## **Taster Event**

Tuesday 19<sup>th</sup>  
March 2024

## **Welcome Day**

Thursday  
4<sup>th</sup> July 2024



**GO TO: [WWW.STOCKTON.AC.UK/OUR-EVENTS](http://WWW.STOCKTON.AC.UK/OUR-EVENTS)**

# OPEN EVENTS 2023/24

etc.



REDCAR &  
CLEVELAND  
COLLEGE

- Thursday 5<sup>th</sup> October 2023
- Wednesday 15<sup>th</sup> November 2023
- Tuesday 6<sup>th</sup> February 2024  
*Apprenticeship event*
- Thursday 16<sup>th</sup> May 2024  
*Big Open Event\**

*All events are from  
5:00pm - 7:00pm*

*\*The 'Big Open Event' is for apprenticeships, vocational courses, T Levels, higher education and part-time.*

## **Taster Event**

Thursday 21<sup>st</sup>  
March 2024

## **Welcome Day**

Wednesday  
3<sup>rd</sup> July 2024



# OPEN EVENTS 2023/24



Thursday 12<sup>th</sup> October 2023

Thursday 23<sup>rd</sup> November 2023

Thursday 8<sup>th</sup> February 2024  
*Apprenticeship event*

Thursday 2<sup>nd</sup> May 2024

*All events are from  
5:00pm - 7:00pm*

**Easter  
Session**

Wednesday  
10<sup>th</sup> April 2024

**Summer  
Sizzler**

Saturday  
6<sup>th</sup> July 2024

A photograph of two young men in dark blue work uniforms standing in a workshop. They are smiling and looking towards the camera. The background shows various pieces of equipment and machinery.

**GO TO: [WWW.NETA.CO.UK/EVENTS](http://WWW.NETA.CO.UK/EVENTS)**





# TTE Open Events 22/23

[tte.co.uk](http://tte.co.uk)  
01642 333800

Tuesday 3rd October  
Wednesday 22nd November  
Thursday 11th January  
Tuesday 6th February  
Wednesday 20th March  
Thursday 9th May  
Tuesday 4th June  
All events are 4:00pm – 6:00pm

Visit:  
[tte.co.uk/events](http://tte.co.uk/events)





# Middlesbrough College **Open Events 2023/24**

Thu 5th Oct  
5:00pm - 8:00pm

Wed 13th Mar  
5:00pm - 7:00pm

Wed 11th Oct  
5:00pm - 8:00pm

Thu 25th Apr  
5:00pm - 7:00pm

Sat 11th Nov  
9:30am - 12noon

Thu 20th Jun  
5:00pm - 6:30pm

Thu 7th Dec  
5:00pm - 7:00pm

Get that  
apprenticeship event  
Thu 2nd May  
4:00pm - 7:00pm

Tue 23rd Jan  
5:00pm - 7:00pm



**Course  
information:**  
**01642 333333**  
**[mbro.ac.uk](http://mbro.ac.uk)**



#TRANSFORMINGLIVES

Hartlepool College  
of Further Education



# OPEN EVENTS 2023/2024 >>

>> WED 11 OCT, 2023 / 4.30PM - 7.00PM

>> WED 22 NOV, 2023 / 4.30PM - 6.30PM

>> THURS 11 JAN, 2024 / 4.30PM - 6.30PM

>> THURS 8 FEB, 2024 / BIG APP EVENT / TIMES TBC

>> WED 20 MARCH, 2024 / 4.30PM - 6.30PM

📞 01429 295000 🌐 [HARTLEPOOLFE.AC.UK](http://HARTLEPOOLFE.AC.UK)

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# OPEN EVENT

THURSDAY 25TH NOVEMBER  
5.30PM UNTIL 7.30PM

DON'T JUST **LEARN IT LIVE IT!**