



SKILLS DEVELOPED TEAMWORK & LEADERSHIP PUBLIC SPEAKING PROBLEM SOLVING CREATIVITY & INNOVATION DECISION MAKING RESILIENCE & STAYING POSITIVE PLANNING & ORGANISATION SKILLS DEVELOPED

YEAR 8

CELEBRATING DIFFERENCES

CORE THEME 2

CITIZENSHIP

PSHE

BRITISH VALUES



What is your Identity?
Importance of Being Kind
Breaking Down Stereotypes
Learning Disabilities
Prejudice and Discrimination
Multicultural Britain
Challenging Islamophobia

YEAR 7

YEAR 7

Energy Drinks & Caffeine
Nicotine & Smoking
E-Cigs, Vaping and Shisha
Alcohol & Risk
Avoiding Gangs & Criminal Behaviour
Knife Crime and Safety
Staying Safe Online
Online Gaming, Grooming & Addiction



STATUTORY HEALTH & RSE

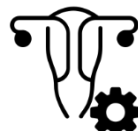
DRUGS EDUCATION

STAYING SAFE ONLINE & OFFLINE

CORE THEME 4

YEAR 7

Personal Hygiene
Tooth Decay & Dental Hygiene
Growing Up and FGM
Intro to Puberty
Puberty (Girls focus)
Puberty (Boys Focus)
Assertiveness, Consent & Hormones
Self-Esteem



STATUTORY HEALTH

PSHE

WELLBEING

PUBERTY & BODY DEVELOPMENT

CORE THEME 5

YEAR 7

Why is Politics Important?
How is our Country Run?
The Role of the Prime Minister
The Monarchy and King Charles III
Politics, Debates and Parliament
Elections and Campaigning
Creating a Political Party



CITIZENSHIP

BRITISH VALUES

POLITICS & PARLIAMENT

CORE THEME 1

YEAR 7

FRIENDS, RESPECT & RELATIONSHIPS

CORE THEME 3

STATUTORY HEALTH & RSE

PSHE



What Makes a Good Friend?
Friendships & Online Relationships
Pressure, Influence and Friends
Respect and Relationships
Consent and Boundaries
What Does it Mean to be a Man Today?
Being Positive

YEAR 7

YEAR 7

MANAGING CHANGE

CORE THEME 6

GATSBY BENCHMARKS - CAREERS -

FINANCIAL EDUCATION

SMSC & CAREERS



What is PSHE?
Transition Points in Your Life
Getting to Know People
What is a Community?
Sleep and Relaxation
Careers and Your Future
Financial Education

WELCOME

RSE COMPLIANT

HEALTH COMPLIANT

GATSBY BENCHMARKS

SPIRAL THEMATIC APPROACH

- 1) Rights, Responsibilities & British Values
- 2) Celebrating Diversity & Equality
- 3) Relationships and Sex Education
- 4) Staying Safe Online and Offline
- 5) Health and Wellbeing
- 6) Life Beyond School

PERSONAL DEVELOPMENT

ASSESSMENT & PROGRESS IN PSHE

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YEAR 9

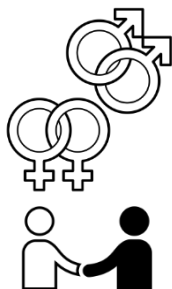
EQUALITY & DIVERSITY EXPLORED

CORE THEME 2

CITIZENSHIP

PSHE

EQUALITY



- Equality Act & Protected Characteristics
- Rights Across the World
- LGBTQ+ What is it?
- Gender Equality
- Ableism and Disability Discrimination
- Racism & Discrimination
- Removing Barriers & Equality for All

YEAR 8

YEAR 8

- Cyber-Bullying
- Alcohol Safety Education
- Substance Misuse
- Grooming Boys and Girls
- Child Exploitation and Online Protection
- County Lines & Gangs
- County Lines – Who is at Risk?



STATUTORY HEALTH & RSE

DRUGS EDUCATION

GANGS

DANGEROUS SOCIETY ONLINE & OFFLINE

CORE THEME 4

YEAR 8

- Desert Island living
- Building community spirit
- Decision making & constitution
- Criminals law & society
- Law making process in the UK
- Prisons, reform & punishment



CITIZENSHIP

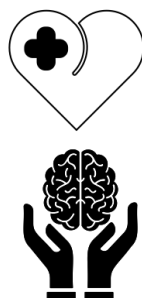
BRITISH VALUES

LAW, CRIME & SOCIETY

CORE THEME 1

YEAR 8

- Health & Wellbeing
- Healthy Eating and Cholesterol
- Stress Management
- What is Mental Health?
- Positive Body Image
- Types of Bullying
- Child Abuse



STATUTORY HEALTH

PSHE

WELLBEING

PHYSICAL HEALTH & MENTAL WELLBEING

CORE THEME 5

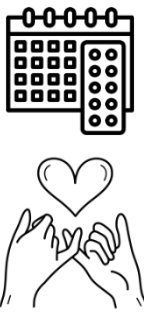
YEAR 8

IDENTITY, RELATIONSHIPS & SEX EDUCATION

CORE THEME 3

STATUTORY HEALTH & RSE

PSHE



- Introduction to Relationships
- Healthy Respectful Relationships
- Dealing with Conflict
- What is Love?
- Being Yourself & Self-Love
- Periods & Menstrual Cycles
- Introduction to Contraception
- Sexual Orientation

YEAR 8

PROUD TO BE ME!

CORE THEME 6

GATSBY BENCHMARKS - CAREERS -

SMSC

CAREERS



- Proud to be Me
- Self Esteem & Media
- The Importance of Happiness
- What Makes me Angry?
- Careers & Aspiration
- Exploring Careers
- Employability & Enterprise Skills

WELCOME

RSE COMPLIANT

HEALTH COMPLIANT

GATSBY BENCHMARKS

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PERSONAL DEVELOPMENT

ASSESSMENT & PROGRESS IN PSHE



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YEAR 10

Conspiracies Theories & Narratives
War & Conflict
What is Terrorism?
Counter Terrorism
Extremism in all its Forms
The Radicalisation Process
Anti-Semitism in the UK



CITIZENSHIP
PREVENT

COMBATTING
EXTREMISM &
TERRORISM

YEAR
9

Different Types of Addictions
What is a Drug?
Drug Classifications
Cannabis Products
Party Drugs & Illegal Drugs
Exploring Illegal Drugs
Volatile Substance Abuse



STATUTORY HEALTH
DRUGS EDUCATION

LEGAL &
ILLEGAL DRUGS

YEAR
9

CONTRACEPTION
& STI'S

STATUTORY HEALTH & RSE
PSHE



Sexual Harassment & Stalking
Contraception - Methods Available
Contraception - Condom
Contraception Explored
Treating STI's & GUM Clinic
HIV & AIDS
HIV - Discrimination & Prejudice

YEAR
9

HBT – Bullying
How Self-Esteem Changes
Media and Airbrushing
Dealing with Grief and Loss
What is a Penis?
What is a Vulva?
Cancer Prevention & Healthy Lifestyles



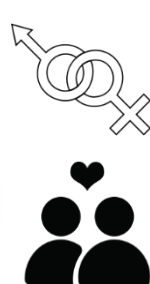
STATUTORY HEALTH
PSHE
WELLBEING

BODY
CONFIDENCE

YEAR
9

SEX, THE LAW &
CONSENT

STATUTORY HEALTH & RSE
PSHE



Relationships & Partners
Domestic Abuse & Domestic Violence
FGM & the Law
Sexual Consent
Why Have Sex?
Delaying Sexual Activity
What are STI's?

YEAR
9

ESSENTIAL LIFE
SKILLS

GATSBY BENCHMARKS - CAREERS -
FINANCE

ENTERPRISE & CAREERS



Resilience: Failure to Success
Assertiveness
Social media & Online Stress
First Aid
Saving and Managing Money
Finance, Budgeting & Employment
Labour Market Information

YEAR
9

WELCOME

RSE COMPLIANT

HEALTH COMPLIANT

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PERSONAL DEVELOPMENT

ASSESSMENT & PROGRESS IN PSHE



SKILLS DEVELOPED **TEAMWORK & LEADERSHIP** **PUBLIC SPEAKING** **PROBLEM SOLVING** **CREATIVITY & INNOVATION** **DECISION MAKING** **RESILIENCE & STAYING POSITIVE** **PLANNING & ORGANISATION** SKILLS DEVELOPED

YEAR 11

Critical Thinking & Fake News
Hate Crime in the UK
Exploring British Values
British Values & Identity
Mutual Respect and Tolerance
Individual Liberty
What are Human Rights?
Democracy Explored



CITIZENSHIP
BRITISH VALUES

EXPLORING BRITISH VALUES

YEAR 10

CORE THEME 1

Honour Based Violence
Forced Marriages & Breast Ironing
Modern Day Slavery
Online Gambling
Social Media Validation
Keeping Your Data Safe
Causes of knife Crime



STATUTORY HEALTH
RISK

VIOLENCE, CRIME & SEEKING SAFETY

YEAR 10

CORE THEME 4

EXPLORING WORLD ISSUES

CITIZENSHIP

PSHE

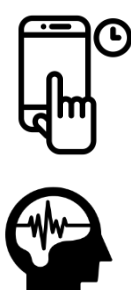
HUMAN RIGHTS



International Organisations
Peace, War and Conflict
Human Rights During War
Aid & Supporting Countries
Striking & Trade Unionism
Women's Rights & Equality
Fairtrade & Free-Trade

YEAR 10

Child Sexual Abuse (CSE)
Screen Time
Common Types of Mental Health
Self Harm
Suicidal Thoughts & Feelings
Promoting Emotional Wellbeing



STATUTORY HEALTH
PSHE
WELLBEING

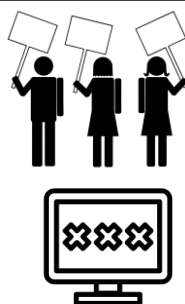
MENTAL HEALTH & WELLBEING

YEAR 10

CORE THEME 5

EXPLORING RELATIONSHIPS & SEX EDUCATION

STATUTORY HEALTH & RSE
PSHE



Unhealthy Relationships & Sexual Violence
Sexualisation of the media
Sexting Nudes and Dick Pictures
Online Pornography (Myths vs Reality)
Porn and its Impact on Society
Pleasure & Delaying Sex
Campaigning Against FGM

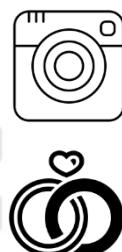
YEAR 10

RIGHTS & RESPONSIBILITIES

Life Beyond School

FINANCIAL EDUCATION

CITIZENSHIP



Rights & Responsibilities
Consumer Rights
Employment Rights
Exploring a Paycheck
Instagram & TikTok Generation
Targeted Advertising
What is Marriage?

YEAR 10

WELCOME

RSE COMPLIANT

HEALTH COMPLIANT

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YEAR 12

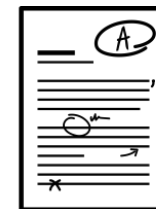
SUMMER EXAM SEASON



LEAVING - YEAR 11 -

REVISION

FINAL EXAMS



YEAR 11

YEAR 11

- Virtual Reality & Live Streaming
- Online Reputation & Digital Footprints
- Group Chats & Anti-Bullying
- Cosmetic & Aesthetic Procedures
- New Psychoactive Substances
- Festivals & Nitrous Oxide
- Substance Addiction



STATUTORY HEALTH & RSE

DRUGS EDUCATION

STAYING SAFE

CORE THEME 4

YEAR 11

- Organ & Blood Donation
- Testicular & Prostate Cancer
- Cervical, Breast and Ovarian Cancer
- Love & Abuse
- Teenage Pregnancy Choices
- Abortion (Morals, Laws and Ethics)
- Parenthood for Teenagers



STATUTORY HEALTH

PSHE

WELLBEING

ADULT HEALTH & LOOKING AFTER YOURSELF

CORE THEME 5

YEAR 11

YEAR 11

PREPARING FOR SUCCESS

REVISION

MOCK EXAMS

PREPARING FOR MOCKS



- Revision Techniques
- Managing Stress
- Managing Wellbeing
- Applications for Post 16

YEAR 11

SEXUAL HEALTH

STATUTORY HEALTH & RSE

PSHE



- Peer on Peer Bullying
- Alcohol, Parties & Bad Choices
- Respect, Love & Relationships
- Importance of Sexual Health
- Revisiting Contraception
- Revisiting STI's
- Fertility and What Impacts it

YEAR 11

YEAR 11

YOUR FUTURE & BEYOND

GATSBY BENCHMARKS - CAREERS -

CAREERS

APPLICATIONS



- Post 16 options
- Exam Stress & Anxiety
- Screen Addiction & Studying
- Social Media Vs Real Life
- Writing a CV
- Writing a Personal Statement

YEAR 11

WELCOME

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